

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Yogurt Parfait and a Side	2 Soup with crackers Cheese	3 Strawberry Salad	4 Sloppy Joe	5 No School	6
7	8 No School	9 Taco Wrap	10 Chili and a W/W Bun	11 Mixed Berry Smoothie Carrot sticks	12 Chicken and Barley Stew with a W/W Bun	13
14	15 Chicken Caesar Salad	16 Banana Oat Muffin and a Side	17 Scrambles Eggs and Sausage	18 Meatballs and Mashed Potatoes	19 Homemade Lunch-able egg, peas, cheese, sausage & a side	20
21	22 Corn on the Cob and Carrots	23 BLCC Wrap	24 Lazy Lasagna	25 DREAM CENTER LUNCH	26 Shepard's Pie	27
28	29 Baked Spaghetti and Meat Sauce	30 Fruit Cup and a Side	31 Mini Pizza			

